

Tompkins Community Action

Fall 2023

News & Updates



Issue 26

Important Newsletter Update

The TCAction Newsletter will now be issued four times a year! Watch your inbox for our updates in September, December, March and June!

Emergency Food Pantry Program Updates

We have some changes happening with our Food Pantry starting Monday, October 2, 2023.

Schedule Changes:

Monday: appointment only pickups from 9:15am-12:15pm

Tuesday: appointment only pickups from 1:45pm-4:30pm (*no change*)

Wednesday: appointment only pickups from 10:30am-12:15pm and 1:45pm-5:30pm (*no change*)

Friday: Delivery Day- deliveries are made to households with no transportation *and* an approved referral on file. Deliveries will now be grouped by geographic area. For example, everyone that lives in Dryden will be delivered on the same Friday.



Annual Paperwork Update:

Starting October 2, 2023, you will be asked to fill out annual paperwork as a pantry participant. This paperwork includes an agency intake form, The Emergency Food Assistance Program (TEFAP) form and a disclosure form. This only needs to be completed once a year. We can assist you to complete the packet.

If you have a delivery referral with us, it will also need to be updated. We will work with you and the agency that gave you the referral so there is no interruption to your deliveries.

If you have any questions or concerns, please contact Glenda Abbey at 607-273-8816 Ext. 120 or email her at Glenda.abbey@tcaction.org.

Celebrating TCAction Staff



TCAction gets together every summer to celebrate our staff team with food, games and awards. This year we celebrated years of service and our agency awards: the Leadership Award and the Coakley Award.

The **Leadership Award** honors a staff person who consistently exhibits leadership, initiative and commitment to the agency's mission, vision, and values. This year's Leadership Award recipient is **Shannon Reed**. Shannon takes initiative to problem solve and identify opportunities while remaining proactive and positive throughout her work. Shannon embodies the TCAction mission and the Community Action Promise. *Congratulations Shannon!*



The **Coakley Award** is presented to a staff person who consistently exhibits honesty, work ethic, patience, and problem-solving skills in their work- just like Ben Coakley, our former IT Director. This year's Coakley Award recipient is **Amanda Harriger**. Amanda approaches her work with thoughtfulness and grace. Amanda is a problem solver who is quick to pivot and change course as the needs of families change. Amanda is patient and kind while she guides families through goal planning activities. Amanda's problem-solving skills with families seem to know no limits, providing resources and going the extra mile frequently. *Congratulations Amanda!*



We would also like to highlight someone celebrating 20 years at TCAction with our Head Start Program. **Anne Parker** joined us in 2002 as a Part -time Center Aid in Groton and has held many roles over the years, most recently as a Support Aid in Dryden. Over the years Anne has stepped up to help fill in wherever she is needed the most.

Thank you Anne!!!



Early Head Start & Head Start

Welcome to



Head Start & Early Head Start

NOW ENROLLING



Children ages Birth—5 Years

Expecting Mothers

Promotes physical, social, emotional, and intellectual development.

Assists and supports expecting mothers throughout pregnancy

You and your child are eligible for Head Start programs if you receive SNAP or TANF, if your family is homeless, or if your child is a foster child.

You are also eligible for the program if you fall within the income guidelines listed below.

Persons in Family	Poverty Guideline	130%
1	\$14,580	\$18,954
2	\$19,720	\$25,636
3	\$24,860	\$32,318
4	\$30,000	\$39,000
5	\$35,140	\$45,682
6	\$40,280	\$52,364
7	\$45,420	\$59,046
8	\$50,560	\$65,728
For each additional person over 8 add	\$5,140	\$6,682

Apply Here!!

or

<https://tcaction.org/>



Classrooms located throughout Tompkins County including Dryden Groton, and Ithaca.

Home Base available for EHS throughout Tompkins County.

For enrollment questions please call (607) 227-3284



Tompkins Community Action



TCAction is hiring!

Are you looking for work with people in your community in a meaningful way? Check out our available positions and consider becoming

part of TCAction.

[Click here!](#)

TCAction benefits for both part and full time positions include generous paid time off, Employee Assistance Program (EAP), Flexible Spending Account (FSA), Retirement 403(b), Life Insurance, Health & Dental Insurance.



Community Partner Spotlight:

Family Health Network's Mobile Medical Unit



Need a Primary Care Provider?

**Visit the Family Health Network's
Mobile Medical Unit.
It's a medical office on wheels!**

Check out their website: <https://www.familyhealthnetwork.org>

Call **607-218-6704** to schedule an appointment!

**This Mobile Medical Unit will be visiting TCAction on the second
Thursday of each month.**



TCAction will be closed:

Monday, October 9 (Indigenous People's Day)

November 22, 23 & 24

**Friday, December 1 and December 25, 2023
through January 1, 2024**

Our Mission:
***Tompkins Community Action collaborates
with individuals and organizations to***

Follow us on our socials!

*sustain and improve economic opportunity
and social justice for families and
individuals impacted directly or indirectly
by poverty.*



Tompkins Community Action, Inc.
www.tcaction.org